

**Ferrans and Powers**  
**QUALITY OF LIFE INDEX<sup>®</sup>**  
**STROKE VERSION - III**

**PART 1.** For each of the following, please choose the answer that best describes how *satisfied* you are with that area of your life. Please mark your answer by circling the number. There are no right or wrong answers.

<b>HOW SATISFIED ARE YOU WITH:</b>	Very Dissatisfied	Moderately Dissatisfied	Slightly Dissatisfied	Slightly Satisfied	Moderately Satisfied	Very Satisfied
1. Your health?	1	2	3	4	5	6
2. Your health care?	1	2	3	4	5	6
3. The amount of pain that you have?	1	2	3	4	5	6
4. The amount of energy you have for everyday activities?	1	2	3	4	5	6
5. Your ability to do things for yourself?	1	2	3	4	5	6
6. Your ability to get around (for example, to walk or use a wheelchair)?	1	2	3	4	5	6
7. Your ability to go places outside your home?	1	2	3	4	5	6
8. Your ability to speak?	1	2	3	4	5	6
9. The amount of control you have over your life?	1	2	3	4	5	6
10. Your chances of living as long as you would like?	1	2	3	4	5	6
11. Your family's health?	1	2	3	4	5	6
12. Your children?	1	2	3	4	5	6
13. Your family's happiness?	1	2	3	4	5	6
14. Your spouse, lover, or partner?	1	2	3	4	5	6
15. Your sex life?	1	2	3	4	5	6
16. Your friends?	1	2	3	4	5	6

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**HOW SATISFIED ARE YOU WITH:**

	Very Dissatisfied	Moderately Dissatisfied	Slightly Dissatisfied	Slightly Satisfied	Moderately Satisfied	Very Satisfied
17. The emotional support you get from your family?	1	2	3	4	5	6
18. The emotional support you get from people other than your family?	1	2	3	4	5	6
19. Your ability to take care of family responsibilities?	1	2	3	4	5	6
20. How useful you are to others?	1	2	3	4	5	6
21. The amount of worries in your life?	1	2	3	4	5	6
22. Your neighborhood?	1	2	3	4	5	6
23. Your home, apartment, or place where you live?	1	2	3	4	5	6
24. Your job (if employed)?	1	2	3	4	5	6
25. Not having a job (if unemployed, retired, or disabled)?	1	2	3	4	5	6
26. Your education?	1	2	3	4	5	6
27. How well you can take care of your financial needs?	1	2	3	4	5	6
28. The things you do for fun?	1	2	3	4	5	6
29. Your chances for a happy future?	1	2	3	4	5	6
30. Your peace of mind?	1	2	3	4	5	6
31. Your faith in God?	1	2	3	4	5	6
32. Your achievement of personal goals?	1	2	3	4	5	6
33. Your happiness in general?	1	2	3	4	5	6
34. Your life in general?	1	2	3	4	5	6
35. Your personal appearance?	1	2	3	4	5	6
36. Yourself in general?	1	2	3	4	5	6

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**PART 2.** For each of the following, please choose the answer that best describes how *important* that area of your life is to you. Please mark your answer by circling the number. There are no right or wrong answers.

<b>HOW IMPORTANT TO YOU IS:</b>	Very Unimportant	Moderately Unimportant	Slightly Unimportant	Slightly Important	Moderately Important	Very Important
1. Your health?	1	2	3	4	5	6
2. Your health care?	1	2	3	4	5	6
3. Having no pain?	1	2	3	4	5	6
4. Having enough energy for everyday activities?	1	2	3	4	5	6
5. To be able to do things for yourself?	1	2	3	4	5	6
6. To be able to get around (for example, to walk or use a wheelchair)?	1	2	3	4	5	6
7. To go places outside your home?	1	2	3	4	5	6
8. To be able to speak?	1	2	3	4	5	6
9. Having control over your life?	1	2	3	4	5	6
10. Living as long as you would like?	1	2	3	4	5	6
11. Your family's health?	1	2	3	4	5	6
12. Your children?	1	2	3	4	5	6
13. Your family's happiness?	1	2	3	4	5	6
14. Your spouse, lover, or partner?	1	2	3	4	5	6
15. Your sex life?	1	2	3	4	5	6
16. Your friends?	1	2	3	4	5	6
17. The emotional support you get from your family?	1	2	3	4	5	6

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**HOW IMPORTANT TO YOU IS:**

	Very Unimportant	Moderately Unimportant	Slightly Unimportant	Slightly Important	Moderately Important	Very Important
18. The emotional support you get from people other than your family?	1	2	3	4	5	6
19. Taking care of family responsibilities?	1	2	3	4	5	6
20. Being useful to others?	1	2	3	4	5	6
21. Having no worries?	1	2	3	4	5	6
22. Your neighborhood?	1	2	3	4	5	6
23. Your home, apartment, or place where you live?	1	2	3	4	5	6
24. Your job (if employed)?	1	2	3	4	5	6
25. Having a job (if unemployed, retired, or disabled)?	1	2	3	4	5	6
26. Your education?	1	2	3	4	5	6
27. Being able to take care of your financial needs?	1	2	3	4	5	6
28. Doing things for fun?	1	2	3	4	5	6
29. Having a happy future?	1	2	3	4	5	6
30. Peace of mind?	1	2	3	4	5	6
31. Your faith in God?	1	2	3	4	5	6
32. Achieving your personal goals?	1	2	3	4	5	6
33. Your happiness in general?	1	2	3	4	5	6
34. Being satisfied with life?	1	2	3	4	5	6
35. Your personal appearance?	1	2	3	4	5	6
36. Are you to yourself?	1	2	3	4	5	6