Items for Subscales for the
Quality of Life Index (QLI) – Stroke III Version

Five scores are calculated for the Ferrans and Powers Quality of Life Index: (1) Total Quality of Life Score, (2) Health and functioning subscale score, (3) Social and economic subscale score, (4) Psychological/spiritual subscale score, and (5) Family subscale score. Items listed below are from both Part 1 (Satisfaction) and Part 2 (Importance). For example, A Health refers to question #1 in Part 1 and question #1 in Part 2.

Total Quality of Life Score
All of the items are used to calculate the total score, which reflects overall quality of life.

Health and Functioning Subscale
1. Health
2. Health care
3. Pain
4. Energy (fatigue)
5. Ability to do things for yourself
6. Ability to get around
7. Ability to go places
8. Ability to speak
9. Control over life
10. Chances for living as long as you would like
15. Sex life
19. Ability to take care of family responsibilities
20. Usefulness to others
21. Worries
28. Things for fun
29. Chances for a happy future

Social and Economic Subscale
16. Friends
18. Emotional support from people other than your family
22. Neighborhood
23. Home
24/25. Job/not having a job
26. Education
27. Financial needs

Psychological/Spiritual Subscale
30. Peace of mind
31. Faith in God
32. Achievement of personal goals
33. Happiness in general
34. Life satisfaction in general
35. Personal appearance
36. Self

Family Subscale
11. Family health
12. Children
13. Family happiness
14. Spouse, lover, or partner
17. Emotional support from family