

Items for Subscales for the Quality of Life Index (QLI) – Spinal Cord Injury III Version

Five scores are calculated for the Ferrans and Powers Quality of Life Index: (1) Total Quality of Life Score (2) Health and functioning subscale score, (3) Social and economic subscale score, (4) Psychological/spiritual subscale score, and (5) Family subscale score. Items listed below are from both Part 1 (Satisfaction) and Part 2 (Importance). For example, A1. Health® refers to question #1 in Part 1 and question #1 in Part 2.

Total Quality of Life Score

All of the items are used to calculate the total score, which reflects overall quality of life.

Health and Functioning Subscale

1. Health
2. Health care
3. Pain
4. Energy (fatigue)
5. Ability to take care of yourself
6. Ability to go places
7. Ability to clear lungs
8. Control over life
9. Chances for living as long as you would like
14. Sex life
20. Ability to take care of family responsibilities
21. Usefulness to others
22. Worries
29. Things for fun
30. Chances for a happy future

Social and Economic Subscale

17. Friends
19. Emotional support from people other than your family
23. Neighborhood
24. Home
- 25/26. Job/Not having a job
27. Education
28. Financial needs

Psychological/Spiritual Subscale

31. Peace of mind
32. Faith in God
33. Achievement of personal goals
34. Happiness in general
35. Life satisfaction in general
36. Personal appearance
37. Self

Family Subscale

10. Family health
11. Children
12. Ability to have children
13. Family happiness
- 15/16. Spouse, lover, or partner/Not having a spouse, lover, or partner

18. Emotional support from family