

## **Items for Subscales for the Quality of Life Index (QLI) – Nursing Home III Version**

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*Five scores are calculated for the Ferrans and Powers Quality of Life Index: (1) Total Quality of Life Score (2) Health and functioning subscale score, (3) Social and economic subscale score, (4) Psychological/spiritual subscale score, and (5) Family subscale score.* Items listed below are from both Part 1 (Satisfaction) and Part 2 (Importance). For example, A1. Health® refers to question #1 in Part 1 and question #1 in Part 2.

### **Total Quality of Life Score**

All of the items are used to calculate the total score, which reflects overall quality of life.

### **Health and Functioning Subscale**

1. Health
2. Health care
3. Pain
4. Energy (fatigue)
5. Ability to take care of yourself without help
6. Control over life
7. Chances for living as long as you would like
11. Sex life
16. Ability to take care of family responsibilities
17. Usefulness to others
18. Worries
25. Things for fun
26. Chances for a happy future

### **Social and Economic Subscale**

13. Friends
15. Emotional support from people other than your family
19. Room(s) you live in
20. Community setting you live in
21. Activities available to you
22. Not having a job
23. Education
24. Financial needs

### **Psychological/Spiritual Subscale**

27. Peace of mind
28. Faith in God
29. Achievement of personal goals
30. Happiness in general
31. Life satisfaction in general
32. Personal appearance
33. Self

### **Family Subscale**

8. Family health
9. Children
10. Family happiness
12. Spouse, lover, or partner
14. Emotional support from family