

Items for Subscales for the Quality of Life Index (QLI) – Diabetes III Version

Five scores are calculated for the Ferrans and Powers Quality of Life Index: (1) Total Quality of Life Score (2) Health and functioning subscale score, (3) Social and economic subscale score, (4) Psychological/spiritual subscale score, and (5) Family subscale score. Items listed below are from both Part 1 (Satisfaction) and Part 2 (Importance). For example, “1. Health” refers to question #1 in Part 1 *and* question #1 in Part 2.

Total Quality of Life Score

All of the items are used to calculate the total score, which reflects overall quality of life.

Health and Functioning Subscale

1. Health
2. Health care
3. Energy (fatigue)
4. Ability to take care of yourself without help
5. Ability to control blood sugar
6. Changes made in life because of diabetes
7. Control over life
8. Chances for living as long as you would like
12. Sex life
17. Ability to take care of family responsibilities
18. Usefulness to others
19. Worries
26. Things for fun
27. Chances for a happy future

Social and Economic Subscale

14. Friends
16. Emotional support from people other than your family
20. Neighborhood
21. Home
- 22/23. Job/not having a job
24. Education
25. Financial needs

Psychological/Spiritual Subscale

28. Peace of mind
29. Faith in God
30. Achievement of personal goals
31. Happiness in general
32. Life satisfaction in general
33. Personal appearance
34. Self

Family Subscale

9. Family health
10. Children
11. Family happiness
13. Spouse, lover, or partner
15. Emotional support from family