

Items for Subscales for the Quality of Life Index (QLI) – Chronic Fatigue Syndrome Version III

Five scores are calculated for the Ferrans and Powers Quality of Life Index: (1) Total Quality of Life Score (2) Health and functioning subscale score, (3) Social and economic subscale score, (4) Psychological/spiritual subscale score, and (5) Family subscale score. Items listed below are from both Part 1 (Satisfaction) and Part 2 (Importance). For example, A1. Health® refers to question #1 in Part 1 and question #1 in Part 2.

Total Quality of Life Score

All of the items are used to calculate the total score, which reflects overall quality of life.

Health and Functioning Subscale

1. Health
2. Health care
3. Pain
4. Energy (fatigue)
5. Ability to take care of yourself
6. Ability to go places
7. Control over life
8. Chances for living as long as you would like
13. Sex life
19. Ability to take care of family responsibilities
20. Usefulness to others
21. Worries
28. Things for fun
29. Chances for a happy future

Social and Economic Subscale

16. Friends
18. Emotional support from people other than your family
22. Neighborhood
23. Home
- 24/25. Job/Not having a job
26. Education
27. Financial needs

Psychological/Spiritual Subscale

30. Peace of mind
31. Faith in God
32. Achievement of personal goals
33. Happiness in general
34. Life satisfaction in general
35. Personal appearance
36. Self

Family Subscale

9. Family health
10. Children
11. Ability to have children
12. Family happiness
- 14/15. Spouse, lover, or partner/Not having a spouse, lover, or partner
17. Emotional support from family

