

**Ferrans and Powers**  
**QUALITY OF LIFE INDEX<sup>®</sup>**  
**CARDIAC VERSION - IV**

**PART 1.** For each of the following, please choose the answer that best describes how *satisfied* you are with that area of your life. Please mark your answer by circling the number. There are no right or wrong answers.

	Very Dissatisfied	Moderately Dissatisfied	Slightly Dissatisfied	Slightly Satisfied	Moderately Satisfied	Very Satisfied
<b>HOW SATISFIED ARE YOU WITH:</b>						
1. Your health?	1	2	3	4	5	6
2. Your health care?	1	2	3	4	5	6
3. The amount of chest pain (angina) that you have?	1	2	3	4	5	6
4. Your ability to breathe without shortness of breath?	1	2	3	4	5	6
5. The amount of energy you have for everyday activities?	1	2	3	4	5	6
6. Your ability to take care of yourself without help?	1	2	3	4	5	6
7. The amount of control you have over your life?	1	2	3	4	5	6
8. Your chances of living as long as you would like?	1	2	3	4	5	6
9. Your family's health?	1	2	3	4	5	6
10. Your children?	1	2	3	4	5	6
11. Your family's happiness?	1	2	3	4	5	6
12. Your sex life?	1	2	3	4	5	6
13. Your spouse, lover, or partner?	1	2	3	4	5	6
14. Your friends?	1	2	3	4	5	6
15. The emotional support you get from your family?	1	2	3	4	5	6
16. The emotional support you get from people other than your family?	1	2	3	4	5	6

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<b>HOW SATISFIED ARE YOU WITH:</b>	<b>Very Dissatisfied</b>	<b>Moderately Dissatisfied</b>	<b>Slightly Dissatisfied</b>	<b>Slightly Satisfied</b>	<b>Moderately Satisfied</b>	<b>Very Satisfied</b>
17. Your ability to take care of family responsibilities?	1	2	3	4	5	6
18. How useful you are to others?	1	2	3	4	5	6
19. The amount of worries in your life?	1	2	3	4	5	6
20. Your neighborhood?	1	2	3	4	5	6
21. Your home, apartment, or place where you live?	1	2	3	4	5	6
22. Your job (if employed)?	1	2	3	4	5	6
23. Not having a job (if unemployed, retired, or disabled)?	1	2	3	4	5	6
24. Your education?	1	2	3	4	5	6
25. How well you can take care of your financial needs?	1	2	3	4	5	6
26. The things you do for fun?	1	2	3	4	5	6
27. Your chances for a happy future?	1	2	3	4	5	6
28. Your peace of mind?	1	2	3	4	5	6
29. Your faith in God?	1	2	3	4	5	6
30. Your achievement of personal goals?	1	2	3	4	5	6
31. Your happiness in general?	1	2	3	4	5	6
32. Your life in general?	1	2	3	4	5	6
33. Your personal appearance?	1	2	3	4	5	6
34. Yourself in general?	1	2	3	4	5	6
35. The changes in your life that you have had to make because of your heart problem (for example, changes diet, physical activity, and/or smoking?)	1	2	3	4	5	6

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**PART 2.** For each of the following, please choose the answer that best describes how *important* that area of your life is to you. Please mark your answer by circling the number. There are no right or wrong answers.

<b>HOW IMPORTANT TO YOU IS:</b>	Very Unimportant	Moderately Unimportant	Slightly Unimportant	Slightly Important	Moderately Important	Very Important
1. Your health?	1	2	3	4	5	6
2. Your health care?	1	2	3	4	5	6
3. Having no chest pain (angina)?	1	2	3	4	5	6
4. Having no shortness of breath?	1	2	3	4	5	6
5. Having enough energy for everyday activities?	1	2	3	4	5	6
6. Taking care of yourself without help?	1	2	3	4	5	6
7. Having control over your life?	1	2	3	4	5	6
8. Living as long as you would like?	1	2	3	4	5	6
9. Your family's health?	1	2	3	4	5	6
10. Your children?	1	2	3	4	5	6
11. Your family's happiness?	1	2	3	4	5	6
12. Your sex life?	1	2	3	4	5	6
13. Your spouse, lover, or partner?	1	2	3	4	5	6
14. Your friends?	1	2	3	4	5	6
15. The emotional support you get from your family?	1	2	3	4	5	6
16. The emotional support you get from people other than your family?	1	2	3	4	5	6
17. Taking care of family responsibilities?	1	2	3	4	5	6

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<b>HOW IMPORTANT TO YOU IS:</b>	Very Unimportant	Moderately Unimportant	Slightly Unimportant	Slightly Important	Moderately Important	Very Important
18. Being useful to others?	1	2	3	4	5	6
19. Having no worries?	1	2	3	4	5	6
20. Your neighborhood?	1	2	3	4	5	6
21. Your home, apartment, or place where you live?	1	2	3	4	5	6
22. Your job (if employed)?	1	2	3	4	5	6
23. Having a job (if unemployed, retired, or disabled)?	1	2	3	4	5	6
24. Your education?	1	2	3	4	5	6
25. Being able to take care of your financial needs?	1	2	3	4	5	6
26. Doing things for fun?	1	2	3	4	5	6
27. Having a happy future?	1	2	3	4	5	6
28. Peace of mind?	1	2	3	4	5	6
29. Your faith in God?	1	2	3	4	5	6
30. Achieving your personal goals?	1	2	3	4	5	6
31. Your happiness in general?	1	2	3	4	5	6
32. Being satisfied with life?	1	2	3	4	5	6
33. Your personal appearance?	1	2	3	4	5	6
34. Are you to yourself?	1	2	3	4	5	6
35. The changes in your life that you have had to make because of your heart problem (for example, changes diet, physical activity, and/or smoking?)	1	2	3	4	5	6

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