

**Ferrans and Powers**  
**QUALITY OF LIFE INDEX®**  
**ARTHRITIS VERSION – III**

**PART 1.** For each of the following, please choose the answer that best describes how *satisfied* you are with that area of your life. Please mark your answer by circling the number. There are no right or wrong answers.

<b>HOW SATISFIED ARE YOU WITH:</b>	Very Dissatisfied	Moderately Dissatisfied	Slightly Dissatisfied	Slightly Satisfied	Moderately Satisfied	Very Satisfied
1. Your health?	1	2	3	4	5	6
2. Your health care?	1	2	3	4	5	6
3. The amount of pain that you have?	1	2	3	4	5	6
4. The amount of energy you have for everyday activities?	1	2	3	4	5	6
5. Your ability to take care of yourself without help?	1	2	3	4	5	6
6. Your ability to get around, go places?	1	2	3	4	5	6
7. Your ability to do things with your hands and arms?	1	2	3	4	5	6
8. The amount of control you have over your life?	1	2	3	4	5	6
9. Your chances of living as long as you would like?	1	2	3	4	5	6
10. Your family's health?	1	2	3	4	5	6
11. Your children?	1	2	3	4	5	6
12. Your family's happiness?	1	2	3	4	5	6
13. Your sex life?	1	2	3	4	5	6
14. Your spouse, lover, or partner?	1	2	3	4	5	6
15. Your friends?	1	2	3	4	5	6
16. The emotional support you get from your family?	1	2	3	4	5	6
17. The emotional support you get from your friends?	1	2	3	4	5	6

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<b>HOW SATISFIED ARE YOU WITH:</b>	Very Dissatisfied	Moderately Dissatisfied	Slightly Dissatisfied	Slightly Satisfied	Moderately Satisfied	Very Satisfied
18. Your ability to take care of family responsibilities?	1	2	3	4	5	6
19. How useful you are to others?	1	2	3	4	5	6
20. The amount of worries in your life?	1	2	3	4	5	6
21. Your neighborhood?	1	2	3	4	5	6
22. Your home, apartment, or place where you live?	1	2	3	4	5	6
23. Your job (if employed)?	1	2	3	4	5	6
24. Not having a job (if unemployed, retired, or disabled)?	1	2	3	4	5	6
25. Your education?	1	2	3	4	5	6
26. How well you can take care of your financial needs?	1	2	3	4	5	6
27. The things you do for fun?	1	2	3	4	5	6
28. Your chances for a happy future?	1	2	3	4	5	6
29. Your peace of mind?	1	2	3	4	5	6
30. Your faith in God?	1	2	3	4	5	6
31. Your achievement of personal goals?	1	2	3	4	5	6
32. Your happiness in general?	1	2	3	4	5	6
33. Your life in general?	1	2	3	4	5	6
34. Your personal appearance?	1	2	3	4	5	6
35. Yourself in general?	1	2	3	4	5	6

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**PART 2.** For each of the following, please choose the answer that best describes how ***important*** that area of your life is to you. Please mark your answer by circling the number. There are no right or wrong answers.

<b>HOW IMPORTANT TO YOU IS:</b>	Very Unimportant	Moderately Unimportant	Slightly Unimportant	Slightly Important	Moderately Important	Very Important
1. Your health?	1	2	3	4	5	6
2. Your health care?	1	2	3	4	5	6
3. Having no pain?	1	2	3	4	5	6
4. Having enough energy for everyday activities?	1	2	3	4	5	6
5. Taking care of yourself without help?	1	2	3	4	5	6
6. Your ability to get around, go places?	1	2	3	4	5	6
7. Your ability to do things with your hands and arms?	1	2	3	4	5	6
8. The amount of control you have over your life?	1	2	3	4	5	6
9. Your chances of living as long as you would like?	1	2	3	4	5	6
10. Your family's health?	1	2	3	4	5	6
11. Your children?	1	2	3	4	5	6
12. Your family's happiness?	1	2	3	4	5	6
13. Your sex life?	1	2	3	4	5	6
14. Your spouse, lover, or partner?	1	2	3	4	5	6
15. Your friends?	1	2	3	4	5	6
16. The emotional support you get from your family?	1	2	3	4	5	6
17. The emotional support you get from your friends?	1	2	3	4	5	6

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<b>HOW IMPORTANT TO YOU IS:</b>	Very Unimportant	Moderately Unimportant	Slightly Unimportant	Slightly Important	Moderately Important	Very Important
18. Taking care of family responsibilities?	1	2	3	4	5	6
19. Being useful to others?	1	2	3	4	5	6
20. Having no worries?	1	2	3	4	5	6
21. Your neighborhood?	1	2	3	4	5	6
22. Your home, apartment, or place where you live?	1	2	3	4	5	6
23. Your job (if employed)?	1	2	3	4	5	6
24. Having a job (if unemployed, retired, or disabled)?	1	2	3	4	5	6
25. Your education?	1	2	3	4	5	6
26. Being able to take care of your financial needs?	1	2	3	4	5	6
27. Doing things for fun?	1	2	3	4	5	6
28. Having a happy future?	1	2	3	4	5	6
29. Peace of mind?	1	2	3	4	5	6
30. Your faith in God?	1	2	3	4	5	6
31. Achieving your personal goals?	1	2	3	4	5	6
32. Your happiness in general?	1	2	3	4	5	6
33. Being satisfied with life?	1	2	3	4	5	6
34. Your personal appearance?	1	2	3	4	5	6
35. Are you to yourself?	1	2	3	4	5	6