

**Items for Subscales for the
Quality of Life Index (QLI) – Arthritis III Version**

Five scores are calculated for the Ferrans and Powers Quality of Life Index: (1) Total Quality of Life Score (2) Health and functioning subscale score, (3) Social and economic subscale score, (4) Psychological/spiritual subscale score, and (5) Family subscale score. Items listed below are from both Part 1 (Satisfaction) and Part 2 (Importance). For example, “1. Health” refers to question #1 in Part 1 and question #1 in Part 2.

Total Quality of Life Score

All of the items are used to calculate the total score, which reflects overall quality of life.

Health and Functioning Subscale

1. Health
2. Health care
3. Pain
4. Energy (fatigue)
5. Ability to take care of yourself
6. Ability to go places
7. Ability to do things with hands and arms
8. Control over life
9. Chances for living as long as you would like
13. Sex life
18. Ability to take care of family responsibilities
19. Usefulness to others
20. Worries
27. Things for fun
28. Chances for a happy future

Social and Economic Subscale

15. Friends
17. Emotional support from your friends
21. Neighborhood
22. Home
- 23/24. Job/Not having a job
25. Education
26. Financial needs

Psychological/Spiritual Subscale

29. Peace of mind
30. Faith in God
31. Achievement of personal goals
32. Happiness in general
33. Life satisfaction in general
34. Personal appearance
35. Self

Family Subscale

10. Family health
11. Children
12. Family happiness
14. Spouse, lover, or partner
16. Emotional support from family